

Congratulations
on being part of a



Bloody Good Workplace.

hello.

-
bloody
good
workplace

Thanks

to your workplace's commitment to menstrual health and sustainability, you have access to the **world's best** sustainable period care at no cost to you!

What this means for you

We're all about options and inclusivity so you can choose the period care option that suits you best. **Choose from one of the following:**

1 x Hello Disc



OR

1 x Hello Cup



OR

2 x Hello Undies



OR

3 x Hello Pads



Say Hello to game-changing perks

-  Designed by a Registered Nurse for stand-out comfort.
-  Wear for up to 12 hours: Forget you have your period! Can be worn while working out, swimming, sleeping.
-  Planet-friendly: reusable for years!
-  Multi award-winning period care products.
-  Eco-Packaging: Recyclable + home-compostable packaging.
-  Certified B Corporation + Climate Positive.
-  Made with love in Aotearoa, New Zealand.
-  Super cute colours.

Ready to take up this awesome offer?

You will receive an invitation via email, directing you to your dedicated Bloody Good Workplace portal. Once you're online, select your preferred product, and complete your order. We'll take care of the rest!

Hello Disc™

The only menstrual disc in the world designed by a period expert (Kim Rosas of Period Nirvana) and a Registered Nurse.

World first design: featuring a unique double loop tab allowing easier removal for low, average and high cervixes, as well as people with mobility issues.

Top quality: The only menstrual disc designed by a period expert and a registered nurse. FDA registered and made from hypoallergenic, medical-grade silicone.



Large capacity: Holds up to 50 ml (5 x regular tampons or pads).

Suction-free: Suitable for people with an IUD.

One size: One size fits most - takes the guesswork out of which one to choose

Easy removal: Easiest disc on the market to remove. Loops allow for single finger, no-mess removal.

Hello Cup™

Meet our flagship, award-winning menstrual cup range. The most comfortable and super cute. Including specialty cups for low and high cervix heights.

Comfortable, unique design: Designed by a Registered Nurse. Our unique internal rim doesn't press against the urethra like other cup products.

Multi-award winning: Named 'Best Menstrual Cup' in Cosmopolitan's Holy Grail Best Products 2022, Gold medal at Best Design Awards, Winner at Good Design Awards.



Wear for up to 12 hours: Forget you have your period! Can be worn while working out, swimming, sleeping.

Convenient and safe: Holds 3x more than a regular tampon or sanitary pad. Made from medical-grade TPE, hypoallergenic, FDA registered.

Hello Undies

Say 'Hello' to undies that allow you to go with the flow.



Comfortable and super

absorbent: Thin and leakproof, patented fabric technology that is equal to 5 tampons or pads!

Not just for periods: Absorbent underwear for period, bladder leakage, and postpartum wear.

Breathable fabric +

antibacterial: Moisture-wicking and odour resistant technology to keep you dry and they look pretty darn gorgeous at the same time.

Machine wash + tumble dry.

Hello Pad

Say 'hello' to the best reusable + washable pad on the planet.

Thin but thirsty: The patented leak-proof technology in your Hello Pad is darn reliable - you can wear it all day. Hello Pads hold the same as FIVE regular single-use tampons or pads!

Not just for periods: Hello Pad is a great option for bladder leakage, postpartum, and periods.

Machine-washable + tumble-dryable: Unlike most other brands, the Hello Pad doesn't have a polyurethane plastic layer which means it can be tumble dried! It also means there's no 'crackly' sound when you move around.



No bunching + annoying wings: The delicate silicone pattern on the underside ensures it stays put and doesn't bunch so you can say goodbye to pads with annoying wings. There are also handy straps on the side that you can choose to use to hold the pad in place.

World-class technology: Our patented fabric technology means moisture is whisked away super quick meaning you feel dry and comfortable.



Hello Reviews

Don't just take it from us...



Hello Undies - 5 Stars

"These undies are so comfy and the quality is exceptional. They have washed and maintained their shape well. Highly recommend."



Hello Disc - 5 Stars

"Well hot damn. 🥰 I can't even tell you how many years I've tried to be a sustainable period gal...Then this amazing disc ACTUALLY does what it says it does. Can't feel it, no leaks, easy to use. Like WTF, where have you been my whole life?! I would sing these praises from a rooftop, but it's 6am and it's cold outside so this will have to do. Thank you so so so so so much for this absolutely life changing product. I am so excited to never buy tampons again."



Hello Low Cervix Cup - 5 Stars

"I never write reviews, but I had to write this for all the low cervix havers out there...Thank you Hello team for making it possible for me to wear a menstrual cup. Only negative is that I sometimes forget i'm on my period or wearing a cup at all! One of the purchases that's improved my quality of life the most, which is a pretty tall order!"



Hello Disc - 5 Stars

"I have Cerebral Palsy and the disc has been so easy to use. For the first time in over 20 years of dealing with periods, I didn't have to worry about leakages and blood stains. I had previously tried another brand's period "leak proof" maternity undies but they leaked EVERYWHERE. I have a very heavy period and the disc has coped better than anything I have ever used. So often I read these reviews and wonder if anyone with a disability has tried the product. I can confirm that the disc slid in pretty easily since it's the width of a tampon and I didn't have to try and hold it in any weird, painful positions."

Drop us a line!

Any questions, we're here to help. Nothing is taboo! Our amazing customer service team are available to chat via [Insta DMs](#), or drop us a line at hello@helloperiod.com.

